

CONCORDIA ACADEMY

SUMMER CAMPS

2012

For more information on Concordia teams please visit
www.ihigh.com/beaconsathletics



*"Let your light shine before men
in such a way that they may see your good works,
and glorify your Father who is in heaven."*

---Matthew 5:16

BOYS' BASKETBALL

For boys entering grades 3-9

Dates

Monday-Friday, July 9-13, 2012

Time

9:00 - 12:00 noon

Place

Concordia Academy Upper and Lower Gyms

Cost

\$80 per camper

Registration and fee are due by June 30, 2012.

Checks are payable to Concordia Academy.

Mail to Eric Schutte at

2386 Whitefield Drive, Woodbury, MN 55125

Coaches

The camp will be led by Concordia Academy Varsity Boys' Basketball Head Coach Eric Schutte who began as head coach of the Beacons in 2003-2004 and has a coaching record of 151-94. Schutte was named the 2004 & 2008 Section 4AA coach of the year and led the Beacons to their first ever state tournament appearance in 2004. Assisting will be other coaches including Kurt Vallin, CA junior varsity coach. Current players on the Concordia Academy basketball team will assist as well.

Questions?

If you have any questions, please contact Coach Schutte at schuttee_98@yahoo.com or 651-983-3505.

FOOTBALL

Middle School Football Camp

For boys entering grades 5-8.

Monday-Thursday, July 16-19, 2012 - 3:00-5:00 p.m.

All boys entering 5th-8th grade are invited to attend this camp run by the Varsity and Junior Varsity CA Beacon coaching staff. Camps will take place on the Concordia Academy practice fields located on the west side of the campus at 2400 North Dale Street.

Skill Development

- Blocking
- Form Tackling
- Footwork
- Ball Skills

Camp will also include

- Special teams instruction including punting, kicking, and long-snapping
- Position work
- Team competitions

Coaches

Current Concordia football coaching staff will coach this year's camp, led by Brian Brown who began his head coaching career in the fall of 2008.

Cost

The camp fee is \$50 and includes camp t-shirt.

Questions

Contact Head Football Coach Brian Brown at brian.brown@concordiaacademy.com

High School Mini Camp

For boys entering grades 9-12.

Monday-Thursday, July 16-19, 2012 - 3:00-6:00 p.m.

All boys entering grades 9-12 are invited. Camp will include 2012 season preparation and equipment for 2012 season will be issued. Cost is \$30 and includes 2012 football team shirts.

Coaches

Current Concordia football coaching staff will coach this year's camp, led by Brian Brown who began his head coaching career in the fall of 2008.

GIRLS' BASKETBALL

Beacon Basketball Bonanza for girls entering grades 4-12

Dates

Monday - Friday, June 18-22, 2012

Times

Students entering grades 4-8 – 9:00 am – 12:00 noon

Students entering grades 9-12 – 1:00 – 4:00 pm

Place

Concordia Academy Upper and Lower Gyms

Cost

Grades 4-8: \$100 per camper/includes t-shirt

Grades 9-12: \$100 per camper/includes t-shirt

Registration and fee due by June 10, 2012

Make checks payable to Concordia Academy

Registration should be sent to:

Amy Bellus

3801 45th Ave. South

Minneapolis, MN 55406

Walk-ins are welcome!

Coaches

Head Coach Amy Bellus and CA players.

Questions?

If you have questions please contact Amy Bellus at abellus55@gmail.com or 612-724-8529.

Remember

Bring your own water bottle and towel and dress comfortably in T-shirt, loose shorts, court shoes; arrive 15 minutes early to warm up before each session.

SOCCKER

Camp for all boys and girls entering grades 7-12

Dates: Monday- Friday, July 30-August 3, 2012

Location: Concordia Academy

Times: 9:00 am-12:00 noon each day

Cost

The camp fee is \$110. The registration deadline is July 27, 2012. The full \$110 fee should accompany the signed application/waiver form. Unless contacted, your application will be accepted. A maximum of 60 participants will be accepted. The registration fee includes:

- **Individualized Instruction**
- **Camp T-shirts**

About the Camp

The Concordia Academy camp philosophy is to teach solid fundamental skills needed in soccer. The staff will be emphasizing techniques that are vital to the athlete in understanding and playing the game of soccer. This camp will be especially useful for beginner and intermediate players who want to learn more about the game of soccer and improve on their current skills. Athletes will be matched according to their age and ability.

Emphasis will be placed on the positive mental attitude necessary in performing soccer specific skills. Our philosophy is to provide these solid fundamentals in a relaxed, yet enthusiastic and competitive environment.

The purpose of the Beacon Soccer Camp is to cultivate in the athlete an interest and excitement for the sport of soccer. They will be encouraged to take pride in reaching the highest level of achievement possible.

Instruction will cover multiple topics and will stress techniques over tactics. This camp will be a very productive experience for any player who wants to learn the skills needed to participate successfully in soccer.

Coach

Greg Wheaton:

Director/Owner of International School of Soccer Excellence

- **USSF / NSCAA Licensed Coach**
- **Head Men's Coach at Northwestern College**
- **Professional Player**
- **Conducted hundreds of camps throughout the Midwest**

Techniques Covered

Dribbling and Footskills – Shielding, 1 v 1 skills, footwork, turning with the ball.

- **Passing – Accuracy and techniques using both feet.**
- **Shooting – Power, accuracy and technique with both feet.**
- **Heading – Defensive clearing and scoring.**
- **Trapping – Proper technique using different parts of the body.**
- **Speed Training**

General Information

Each participant should be dressed and ready for physical activity each day. Please arrive 15 minutes early, as the session will start promptly at 9:00 a.m. Proper athletic shoes, socks, shorts, etc... should be worn. Shin pads will be mandatory. Please bring a soccer ball to camp every day. Water will be available, but we ask that each participant bring their own water each day also.

All participants must supply their own health and accident insurance coverage. If you have any questions, please call or email: **Jared Rohwer** at jared.rohwer@concordiaacademy.com or 651-895-4203.

SOFTBALL

Dates for all camps: June 11-14, 2012

Basic Skills Camp

Times: 9:00-11:30 am

Cost: \$50

Learn basic skills in throwing, fielding, hitting, bunting, sliding, and pitching. This camp is for players going into **grades 5-8**.

Pitching Camp

Times: 12:00-1:00 pm

Cost: \$30

Beginners will learn fundamental form of pitching a fastball. Players with more advanced pitching experience will learn form and drills to pitch a fastball to location and increase speed. Additional pitches such as the change-up, rise, and/or drop may also be worked on/introduced for more advanced pitchers. This camp is for athletes working towards being a pitcher as one of their primary positions and is for those going into **grades 7-10**. It is recommended that pitchers bring a catcher for each session.

High School Camp

Times: 1:00-3:00 pm

Cost: \$20

This camp is designed to build connections between players and coaches for the following season. Athletes will learn drills and terminology used within the program. The varsity pregame will be taught as well as skills to perform the drills correctly. In addition, there will be time to work with the hitting coach. Each session will end with a competition.

If you have questions, contact Coach Tupper at gina.tupper@concordiaacademy.com or cell: 952-210-9268.

Registrations: complete Concordia Academy Summer Camp Registration form with payment. Registrations due by June 5, 2012. There is a \$5 fee for late registrations.

The camps will take place at Concordia Academy and will be conducted by Gina Tupper, head softball coach, and Megan Rohwer, assistant varsity coach and program hitting coach. In addition, there may be 2012 varsity players assisting with the basic skills and pitching camps.

Rain cancellations/delays will be determined at the field. If there is more than one day of camp cancelled, Friday, June 15, 2012 will be used as a rain date.

VOLLEYBALL

Middle School Volleyball Skills Camp

For girls entering grades 5-8

Dates: Monday-Friday, June 25-29, 2012

Times: 9:00 - 11:30 am

Place: Concordia Academy Upper and Lower Gyms

Cost: \$100 (\$20 per day)

Camp Focus

This camp will introduce younger players complex skills in volleyball and help them improve their overall game. Focus will be put on passing, attacking, and playing lots of games.

Ninth Grade Volleyball Skills Camp

For girls entering grade 9

Dates: Wednesday-Friday, June 13-15, 2012

Times: 5:30 - 7:30 pm

Place: Concordia Academy Upper and Lower Gyms

Cost: \$60 (\$20 per day)

Camp Focus

Incoming 9th graders will get an opportunity to prepare for their high school seasons. These three days will focus on CAVB terminology, expectations, and technique. A high focus will be put on passing, footwork, and rotation. 9th grade athletes who attend another school are also welcome to join this camp.

Remember

- Please bring your own water bottle and towel.
- Dress comfortably. (T-shirt, loose shorts, court shoes and NO TANK TOPS)
- All campers need to arrive 15 minutes early to allow time to warm up before each session.

Questions?

If you have any questions, please contact Coach Kristin Fink at kristin.fink@concordiaacademy.com

High School Volleyball Camp

For girls entering grades 9-12

Dates: Monday-Friday, June 25-29, 2012

Times: 6:00 - 8:30 pm

Cost: \$100 (\$20 per day)

Emphasis: This camp will provide an opportunity for continuing CAVB players to increase knowledge and practice in specific skills. Focus will be on CAVB strategy for the 2012 season.

About the Coach

Kristin (Meyerson) Fink started as head coach of the Beacon volleyball program in the fall of 2007. In the fall of 2008, Coach Fink led her team to a state tournament appearance.

Janet Cobbs Season Warm-up Camp

For girls entering grades 9-12

Dates: Monday- Friday August 6-10, 2012

Emphasis: This camp acts as a warm-up and tune-up before the season begins. Janet, a former Olympian and an alumna of CA, will focus on the details and technique of the game. This is a great opportunity to get in shape and be ready for tryouts.

To request a flyer for this camp, please email Kristin Fink at kristin.fink@concordiaacademy.com.

WEIGHT ROOM PLATOON PROJECT

For students entering grades 9-12

Dates: Mondays, Wednesdays & Fridays beginning June 4, 2012.

Boys Training Schedule

8:00-10:00 am

(Training includes speed, lifting, core conditioning, stretching)

Girls Training Schedule

9:00-11:00 am

(Training includes speed, lifting, core conditioning, stretching)

Trained supervisors will assist in technique, instruction, and training.

Cost

Program fee is \$50. **Payment must be paid by June 8, 2012.**

For students entering 7th & 8th grade:

Dates: Mondays, Wednesdays & Fridays beginning June 11, 2012.

If any 7th or 8th grader is interested, please register by emailing Brian Brown at brian.brown@concordiaacademy.com.

Cost

Program fee is \$50. **Payment must be paid by June 15, 2012.**

Questions?

Contact Head Strength and Resistance Coach Brian Brown at brian.brown@concordiaacademy.com

REGISTRATION

Camp _____

(List specific camp title as some sports have more than one camp)

Name _____ **Shirt Size (Adult)** _____

Gender _____ **Age** _____ **Grade('12-'13)** _____

Address _____

City _____ **Zip** _____

Email Address: _____

Home Phone _____

Current School _____

Please list your experience in this sport. You may include years played, leagues, positions played, etc.

Full payment should accompany this application form. Make checks payable to Concordia Academy and mail with registration to:

**Concordia Academy
2400 North Dale St.
Roseville, MN 55113**

**** Please specify camp name on the envelope.**

Waiver

We agree that on behalf of the enrolled student named on this registration form, Concordia Academy and/or staff, coaches or employees will not be held responsible for any injury, accident or loss of property, however caused. It is further agreed that all risks involved in participation in this camp are assumed by the student and parent or guardian, who is also responsible for the medical fitness of the enrollee and for all medical costs incurred in case of injury while in attendance at a Concordia Academy camp.

Parent/Guardian Signature _____ Date _____

(Please make additional copies of this registration form to register for more than one camp.)

REGISTRATION

Camp _____

(List specific camp title as some sports have more than one camp)

Name _____ Shirt Size (Adult) _____

Gender _____ Age _____ Grade('12-'13) _____

Address _____

City _____ Zip _____

Email Address: _____

Home Phone _____

Current School _____

Please list your experience in this sport. You may include years played, leagues, positions played, etc.

Full payment should accompany this application form. Make checks payable to Concordia Academy and mail with registration to:

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REGISTRATION

Camp _____

(List specific camp title as some sports have more than one camp)

Name _____ **Shirt Size (Adult)** _____

Gender _____ **Age** _____ **Grade('12-'13)** _____

Address _____

City _____ **Zip** _____

Email Address: _____

Home Phone _____

Current School _____

Please list your experience in this sport. You may include years played, leagues, positions played, etc.

Full payment should accompany this application form. Make checks payable to Concordia Academy and mail with registration to:

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Parent/Guardian Signature _____ **Date** _____

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